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## Case Study

### Breaking Bad News - Do Not Resuscitate (DNR) Discussion

You may be asked to speak to a family about a “**do not resuscitate**” decision. Important points to consider include:

- Preparation: team decision, in conjunction with parents. This is usually a consultant-led process.
- Discussion with parents: explanation that this does not mean “withdrawal of care”. The decision is continuously reviewed, and that no changes will be made without consulting parents.
- Support: variety of hospital/charity services available – consider family, religious support, bereavement services.
- Logistical: documentation in medical and nursing notes, along with any specific wishes of the parents.

### Task

Work through the article found on the following link:

<http://mrcpch.paediatrics.co.uk/communication/communication-common-cases/>

What are the cultural, sociological and legal conditions to make a “**do not resuscitate**” decision or to advise a decision like this?



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